

**Mindframe tips for reporting on Coroners findings into the deaths of the Manrique and Lutz family, for release Friday, 17 May 2019****16 May 2019****Please cascade to all appropriate staff**

*Mindframe* understands Deputy State Coroner the Honourable Magistrate Truscott will release recommendations on the findings into the deaths of Fernando, Elise & Martin Manrique and Maria Lutz tomorrow, at 9:30am AEST, **Friday 17 May 2019**.

*Mindframe* reminds media of responsible reporting on these findings, in particular the reporting on specific details of means and method, due to copy-cat behaviour risk. Extensive studies have shown an increase in deaths by methods that are reported by news media, with an overall increase in rates of suicide in the period shortly after the media reporting. [Studies can be found here](#).

We recognise the story is of public interest and will receive ongoing coverage, with media having to revisit the initial incident that took place in Sydney, NSW in October 2016. It is important that media report responsibly, given that repeated and sustained coverage can increase the risk to those who are vulnerable or distressed.

**TIPS FOR REPORTING:**

**This method is rare. Continual, detailed descriptions of method and means may lead to imitation by vulnerable people.**

- **Avoid:** Reporting explicit detail about method. If this is vital to your story, discuss in general terms only. E.g. *'the deaths occurred within the family home, and the Deputy State Coroner rules the deaths were due to homicide and/or suicide.'*
- **Avoid:** Reporting on the type of means used and/or how it was acquired. E.g. *'a lethal gas which is known to authorities'*.
- **Avoid:** Using detailed or dramatic photographs or videos; graphic images or footage depicting method or location can lead to imitation by vulnerable people.

The traumatic nature of events such as this can have a profound impact on whole communities. Media are urged to consider at risk or vulnerable individuals who may be impacted. *Mindframe* encourages the validation of grief and loss and an emphasis on self-care and help-seeking behaviour.

Any coverage of the incident should include [help-seeking](#) contact details for both domestic violence and self-harm, as listed below.

As more details emerge about the incident, please refer to the [Mindframe guidelines](#).

### Help-seeking information

Individuals are more likely to seek help and support when appropriate services are included in stories. Adding help-seeking information to stories (online, print and broadcast) can provide somewhere for people who may be adversely impacted by the coverage to find professional support.

### Key national domestic violence and crisis support services include:

**1800RESPECT** 1800 737 732 [www.1800respect.org.au](http://www.1800respect.org.au) (24/7)

**Lifeline** 13 11 14 [www.lifeline.org.au](http://www.lifeline.org.au) (24/7)

**MensLine Australia** 1300 789 978 [www.mensline.org.au](http://www.mensline.org.au) (24/7)

**Kids Helpline** 1800 55 1800 [www.kidshelpline.com.au](http://www.kidshelpline.com.au) (24/7)

**Relationships Australia** 1300 364 277 [www.relationships.org.au](http://www.relationships.org.au)

A comprehensive list of services available to the community can also be found: <https://www.whiteribbon.org.au/find-help/domestic-violence-hotlines/>

### Other key national resources

**Head to Health:** mental health portal: [www.headtohealth.gov.au](http://www.headtohealth.gov.au)

**Life in Mind:** suicide prevention portal: [www.lifeinmindaustralia.com.au](http://www.lifeinmindaustralia.com.au)

### Media self-care

Reporting suicide and mental illness can also impact to the welfare of journalists. To support media professionals *Mindframe*, in consultation with the [DART Centre Asia Pacific](#), has developed journalism self-care resources for media professionals reporting suicide and mental illness. These resources can be found [here](#).



## Reporting suicide: a quick guide for the media

### Recommendations for reporting a suicide death

**Decide whether to report.** Ensure a suicide has been confirmed by official sources to avoid speculation or interfering with investigations. Assess if there is a clear public interest in the story, consult your editorial policies and seek advice from experts.

**Reduce prominence.** Vulnerable people may be drawn to stories about suicide. Place a story on the inside pages of a newspaper or further down the order of broadcast reports. Removing 'suicide' from headlines and search terms can also help reduce prominence.

#### Modify or remove information that may increase risk.

- Refrain from using content of a suicide note as this does not give appropriate context to the reasons behind the death.
- Limit promotion of public and online memorials.
- Avoid images that may glorify the death in some way.
- Minimise details about method and location of death.

**Take care interviewing family and friends.** Respect people's grief and privacy in the period immediately after a death. Consider delaying interviews as people bereaved by suicide may be vulnerable or at risk of suicide themselves.

**Apply cultural considerations.** Naming or depicting an image of a person who has died can cause great distress in some communities. Seek advice before using the name or image of an Aboriginal or Torres Strait Islander person.

**Handle celebrity suicide with care.** Coverage of a celebrity suicide can glamourise and normalise suicide. Minimise details about method and location, consider focusing on the wastefulness of the death, and add information about risk factors for suicide and help-seeking options for people who may be affected.

#### Promote help-seeking support services:

**Lifeline:** [13 11 14](tel:131114)  
[lifeline.org.au](http://lifeline.org.au)

**Suicide Call Back Service:** [1300 659 467](tel:1300659467)  
[suicidecallbackservice.org.au](http://suicidecallbackservice.org.au)

**beyondblue:** [1300 24 636](tel:130024636)  
[beyondblue.org.au](http://beyondblue.org.au)

**MensLine Australia:** [1300 789 987](tel:1300789987)  
[mensline.org.au](http://mensline.org.au)