

# Mindframe media alert

## Mindframe advice for reporting on police inquiries in Wolli Creek NSW

## 9 July 2020

### Please cascade to all media staff

*Mindframe* offers the following guidance for safe reporting around the ongoing police investigation into the June death of Liqun Pan and associated incidents in Wolli Creek NSW.

We recognise the story is of public interest and will receive ongoing coverage as the story develops. It is important that media report responsibly, given that repeated and sustained coverage can increase the risk to those who are vulnerable or distressed by the content.

We ask the Australian media to consider the *Mindframe* guidelines when covering stories that appear to have used intentional methods of self-harm or attempt suicide.

### Avoid: Reporting explicit detail about method of self-harm or suicide

#### Use: If it is essential to include method, discuss in general terms

E.g. 'Police have identified that the man's injuries were intentional and took place in Wolli Creek, NSW'

#### Avoid: Using detailed dramatic photographs or videos

**NOTE:** Graphic images or footage depicting method or location can lead to imitation by vulnerable people.

The traumatic nature of events such as this can have a profound impact on whole communities and may last for a period of time. *Mindframe* encourages the continued support of the grief and loss experienced by family and friends as well as the Chinese community in Wolli Creek and Sydney more broadly.

Finally, any coverage of this recent incident should include details of <u>help-seeking</u> contact details for both domestic violence and self-harm as listed below. As more details emerge about the incident, please refer to the *Mindframe* guidelines.





# Support services

Adult	Youth	Other resources
Lifeline: <u>13 11 14</u>	Kids Helpline: 1800 551 800	Head to Health: mental health portal
lifeline.org.au	kidshelpline.com.au	headtohealth.gov.au
Suicide Call Back Service: 1300 659 467	headspace: 1800 650 890	Life in Mind: suicide prevention portal
suicidecallbackservice.org.au	headspace.org.au	lifeinmindaustralia.com.au
Beyond Blue: 1300 224 636	ReachOut: ReachOut.com	SANE: online forums saneforums.org
beyondblue.org.au/forums MensLine Australia: 1300 789 978 mensline.org.au	Aboriginal and Torres Strait Islander: healthinfonet.ecu.edu.au Lesbian, gay, bisexual, trans, and/or intersex: 1800 184 527 qlife.org.au Culturally and linguistically diverse: embracementalhealth.org.au	

### The Mindframe project team

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### **Help-seeking information**

Individuals are more likely to seek help and support when appropriate services are included in stories. Adding help-seeking information to stories (online, print and broadcast) can provide somewhere for people who may be adversely impacted by the coverage to find professional support.

### Key national <u>Domestic and Sexual Abuse and self-harm</u> support services include:

1800RESPECT 1800 737 732 www.1800respect.org.au (24/7)
Lifeline 13 11 14 www.lifeline.org.au (24/7)
MensLine Australia 1300 789 978 www.mensline.org.au (24/7)
Kids Helpline 1800 55 1800 www.kidshelpline.com.au (24/7)
Relationships Australia 1300 364 277 www.relationships.org.au
A comprehensive list of services available to the community can also be found: https://www.whiteribbon.org.au/find-help/domestic-violence-hotlines/

### **Other key national resources**

**Head to Health:** mental health portal: www.headtohealth.gov.au *Life in Mind*: suicide prevention portal: www.lifeinmindaustralia.com.au

### Media self-care

Reporting suicide and mental illness can also impact to the welfare of journalists. To support media professionals *Mindframe*, in consultation with the <u>DART Centre Asia Pacific</u>, has developed journalism self-care resources for media professionals reporting suicide and mental illness. These resources can be found <u>here</u>.

