

Mindframe media alert

Mindframe advice for reporting on the deaths of the Manrique and Lutz family members in Sydney 2016, following release of the coroner's report

9 April 2019

Please cascade to all media staff

Mindframe encourages media to report responsibly on the deaths of the Manrique and Lutz family members following the release of the coroner's report and in particular, avoiding descriptions around means and method.

We recognise the story is of public interest and will receive ongoing coverage, with media required to revisit the initial incident that took place in October 2016.

It is important that media report responsibly, given that repeated and sustained coverage can affect and increase the risk to those who are vulnerable or distressed.

Please note that the inclusion of detailed descriptions of method and means may lead to imitation by vulnerable people.

When reporting on this incident *Mindframe* recommends the following:

- **Avoid:** Reporting explicit detail about method. If it is essential to include method, discuss in general terms. E.g. 'the deaths occurred within the family home'.
- **Avoid:** Using detailed or dramatic photographs or videos; graphic images or footage depicting method or location which could lead to imitation by vulnerable people.

The traumatic nature of events such as this can have a profound impact on whole communities.

Media are urged to consider at risk or vulnerable individuals who may be impacted.

Mindframe encourages reporting of this incident to include references to the validation of grief and loss and an emphasis on self-care and help-seeking behaviour.

Any coverage of the incident should include <u>help-seeking</u> contact details for both domestic violence and self-harm, as listed below.

As more details emerge about the incident, please refer to the *Mindframe* guidelines.





Help-seeking information

Individuals are more likely to seek help and support when appropriate services are included in stories. Adding help-seeking information to stories (online, print and broadcast) can provide somewhere for people who may be adversely impacted by the coverage to find professional support.

Key national domestic violence and crisis support services include:

1800RESPECT 1800 737 732 www.1800respect.org.au (24/7)
Lifeline 13 11 14 www.lifeline.org.au (24/7)
MensLine Australia 1300 789 978 www.mensline.org.au (24/7)
Kids Helpline 1800 55 1800 www.kidshelpline.com.au (24/7)
Relationships Australia 1300 364 277 www.relationships.org.au
A comprehensive list of services available to the community can also be found: https://www.whiteribbon.org.au/find-help/domestic-violence-hotlines/

Other key national resources

Head to Health: mental health portal: www.headtohealth.gov.au *Life in Mind*: suicide prevention portal: www.lifeinmindaustralia.com.au

Media self-care

Reporting upon suicide and mental ill-health can also impact the wellbeing of journalists. To support media professionals *Mindframe*, in consultation with the <u>DART Centre Asia Pacific</u>, has developed journalism self-care resources for media professionals reporting on suicide and mental ill-health. These resources can be found <u>here</u>.



Reporting suicide: a quick guide for the media

Recommendations for reporting a suicide death Decide whether to report. Ensure a suicide has been confirmed by official sources to avoid speculation or interfering with investigations. Assess if there is a clear public interest in the story, consult your editorial policies and seek advice from experts.

Reduce prominence. Vulnerable people may be drawn to stories about suicide. Place a story on the inside pages of a newspaper or further down the order of broadcast reports. Removing 'suicide' from headlines and search terms can also help reduce prominence.

Modify or remove information that may increase risk.

- Refrain from using content of a suicide note as this does not give appropriate context to the reasons behind the death.
- Limit promotion of public and online memorials.
- Avoid images that may glorify the death in some way.
- Minimise details about method and location of death.

Take care interviewing family and friends. Respect people's grief and privacy in the period immediately after a death. Consider delaying interviews as people bereaved by suicide may be vulnerable or at risk of suicide themselves. Apply cultural considerations. Naming or depicting an image of a person who has died can cause great distress in some communities. Seek advice before using the name or image of an Aboriginal or Torres Strait Islander person.

Handle celebrity suicide with care. Coverage of a celebrity suicide can glamourise and normalise suicide. Minimise details about method and location, consider focusing on the wastefulness of the death, and add information about risk factors for suicide and help-seeking options for people who may be affected.

Promote help-seeking support services: Lifeline: <u>13 11 14</u> lifeline.org.au Suicide Call Back Service: <u>1300 659 467</u> suicidecallbackservice.org.au *beyondblue*: <u>1300 24 636</u> beyondblue.org.au MensLine Australia: <u>1300 789 987</u> mensline.org.au

