



Media alert

26 July, 2023 | Please cascade to all media staff

Reminder for safe reporting: Suicide of LGBTIQ+ young person in Beaudesert

Australian media professionals are reminded to apply <u>Mindframe guidelines</u> when reporting on the recent suicide of an LGBTIQ+ young person in Beaudesert, Qld.

Media are asked to avoid including details of the suicide method and location. This includes quoting or including screenshots from social media posts where these details are given. This information can be distressing and contribute to further suicidal behaviour in impacted communities.

Media are also reminded to include relevant <u>help-seeking information</u>, including LGBTIQ+ support services such as QLife, in all stories so anyone experiencing distress has relevant helpline numbers and support service information available.

Adult

Lifeline: 13 11 14 | Text 0477 13 11 14 | lifeline.org.au

Suicide Call Back Service: 1300 659 467 suicidecallbackservice.org.au

Beyond Blue: 1300 224 636 beyondblue.org.au/forums

MensLine Australia: 1300 789 978

mensline.org.au

Standby Support After Suicide:

1300 727 247

Youth

Kids Helpline: 1800 551 800 kidshelpline.com.au

headspace: 1800 650 890 headspace.org.au

ReachOut: au.ReachOut.com

Other resources

Head to Health: mental health portal headtohealth.gov.au

Life in Mind: suicide prevention portal

lifeinmind.org.au

SANE: 1800 187 263 (10am-10pm) online forums saneforums.org

Aboriginal and Torres Strait Islander: healthinfonet.ecu.edu.au or 13YARN.org.au

Lesbian, gay, bisexual, trans, and/or intersex: 1800 184 527 qlife.org.au

Culturally and linguistically diverse: embracementalhealth.org.au

For further guidance on safe and sensitive reporting on suicide, please refer to the Mindframe guidelines.

Mindframe support for media

For free support in reporting safely on suicide, call 02 4924 6900, visit mindframe.org.au or email mindframe@health.nsw.gov.au

Reporting suicide and mental illness can also impact to the welfare of journalists. To support media professionals *Mindframe*, in consultation with the <u>DART Centre Asia Pacific</u>, has developed journalism self-care resources for media professionals reporting suicide and mental illness. These resources can be found <u>here</u>.

Contact Mindframe

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